

2018 MIAC Volleyball Regional and National Awards

ATHLETIC HONORS

2018 AVCA All-America

Pos.	Name	Institution	Class	Hometown High School	Team	Previous Selections
S	Nora Holtan	Gustavus	Sr.	Rochester, Minn. Mayo	First Team	2016 2017
RS	Hunter Weiss	Saint Benedict	So.	Shakopee, Minn.	First Team	--
MB	Madison Weiss	Saint Benedict	So.	Shakopee, Minn.	Third Team	--
OH	Kate Holtan	Gustavus	So.	Rochester, Minn. Mayo	Honorable Mention	2017 (HM)
L	Brittany Luethmers	Gustavus	Sr.	Prior Lake, Minn.	Honorable Mention	--
S/H	Morgan Malley	Augsburg	Sr.	Harmony, Minn. Fillmore Central	Honorable Mention	--
L	Ellie Meyer	St. Thomas	Jr.	Des Plaines, Ill St. Viator	Honorable Mention	--
RS	Lauren Rewers	St. Olaf	Jr.	Sierra Madre, Calif. La Salle	Honorable Mention	--
L	Macey Terhell	Augsburg	Sr.	Osceola, Wis.	Honorable Mention	2016 (HM)

2018 AVCA Central Region Player of the Year

Pos.	Name	Institution	Class	Hometown High School	Previous Selections
S	Nora Holtan	Gustavus	Sr.	Rochester, Minn. Mayo	2015 AVCA Central Region Freshman of the Year

2018 AVCA Central Region Coach of the Year

Name	Institution	Year	Previous Selections
Rachelle Sherden	Gustavus	9th	2015 AVCA Central Region Coach of the Year

2018 AVCA All-Region

Pos.	Name	Institution	Class	Hometown High School	Team	Previous Selections
OH	Kate Holtan	Gustavus	So.	Rochester, Minn. Mayo	First Team	2017
S	Nora Holtan	Gustavus	Sr.	Rochester, Minn. Mayo	First Team	2015 (HM) 2016 2017
L	Brittany Luethmers	Gustavus	Sr.	Prior Lake, Minn.	First Team	2017 (HM)
S/H	Morgan Malley	Augsburg	Sr.	Harmony, Minn. Fillmore Central	First Team	2017 (HM)
L	Ellie Meyer	St. Thomas	Jr.	Des Plaines, Ill St. Viator	First Team	--
RS	Lauren Rewers	St. Olaf	Jr.	Sierra Madre, Calif. La Salle	First Team	2017 (HM)
L	Macey Terhell	Augsburg	Sr.	Osceola, Wis.	First Team	2016 2017 (HM)
RS	Hunter Weiss	Saint Benedict	So.	Shakopee, Minn.	First Team	--
MB	Madison Weiss	Saint Benedict	So.	Shakopee, Minn.	First Team	--
RS	Lauren Hanson	Gustavus	Sr.	Redwood Falls, Minn. Redwood Valley	Honorable Mention	2016
OH	Tina Hoppe	Bethel	Sr.	Shakopee, Minn.	Honorable Mention	--
MB	Julia Spacek	St. Thomas	Sr.	Wayzata, Minn. Orono	Honorable Mention	--

2019 Sports Imports/AVCA NCAA Division III Player of the Week

Date	Pos.	Name	Institution	Class	Hometown High School
Oct. 23, 2018	S	Nora Holtan	Gustavus	Sr.	Rochester, Minn. Mayo

ACADEMIC HONORS

2018 CoSIDA Google Cloud Volleyball Academic All-America

Pos.	Name	Institution	Class	GPA	Major	Team	Previous Selections
S	Nora Holtan	Gustavus	Sr.	3.87	Exercise Physiology Psychological Science	Second Team	2017 (2T)

2018 CoSIDA Google Cloud Volleyball Academic All-District

Pos.	Name	Institution	Class	GPA	Major	Previous Selections
S	Nora Holtan	Gustavus	Sr.	3.87	Exercise Physiology Psychological Science	2017
OH	Tina Hoppe	Bethel	Sr.	3.88	Biokinetics	--
RS	Hunter Weiss	Saint Benedict	So.	4.00	Biology	--

MIAC AWARDS

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